

Food and Nutrition  
Autumn 1 Newsletter  
2023-2024



Food and Nutrition



Alison

Welcome

Welcome back everyone to another term in Food and Nutrition. I hope everyone has had a restful summer break and trust that you are all keen for another 7 weeks of cooking.

This term our topic is...

Know your place

Food lessons will relate to the context of 'Know your place'

Every lesson our young people are taught and we discuss nutrition, food science, food choice, where our food comes from and food safety. The application of this is evident in the wonderful products that our pupils make.

The Autumn term really focuses on pupils being safe, ready and kind in order to have a happy and purposeful lesson each week.

As Food ingredients have increased so much we ask for a voluntary contribution of £1.50 per week in order to match these rising costs.

I am very much looking forward to another term of Food lessons with the pupils of Willoughby School.

Whole School Diary Dates

September – The Jewish festival of Rosh Hashanah and Yom Kippur, recipes to reflect this.

October – October is Black History month. This will be reflected in the recipes which will be made during this time.

During Autumn 1 I hope to collect food donations to give to Bourne Food Bank. This proved very successful last year, so it would be great to help our local community again.

Key Class information

- Tuesday 3<sup>rd</sup> October – Pupil Photographs
- Tuesday 10<sup>th</sup> October – Wheelchair Clinic
- Monday 16<sup>th</sup> October – NHS Flu Vaccine
- Friday 20<sup>th</sup> October – End of Term
- Monday 23<sup>rd</sup> – Friday 27<sup>th</sup> October – Half Term
- Monday 30<sup>th</sup> October – Start of Term

Keeping in touch

Please continue to use the home school book or Tapestry to inform us of any important information relating to your child. We will check it every day but please log into Tapestry for your daily class update. Don't forget to add any home experiences to Tapestry as this provides us with a valuable link to home.

Any absence or to notify us of a medical appointment or for general enquiries please email: [willoughbyenquiries@prioryacademies.co.uk](mailto:willoughbyenquiries@prioryacademies.co.uk)