

Food and Nutrition

Spring 2 Newsletter

2024



Alison



Welcome back everyone! I hope you all enjoyed a lovely half term break. I hope some yummy pancakes were eaten.

This term our topics are:-

By Royal Appointment and
Eat Them to Defeat Them.

Curriculum

This term Protea, Snapdragon, Tiger Lily, Iris and Venus Flytrap will be including a lot of vegetables into their cooking as part of the 'Eat them to defeat them' programme. We will be focusing on the safe ways to prepare them especially the use of knives and graters. A range of savoury and sweet dishes will be made and a range of skills developed and applied. All classes will receive a pack to encourage vegetable eating at home.

The theme of 'By Royal Appointment' will be followed by the rest of the school and they will be exploring and making afternoon tea style food with some crown shaped products too.

As it will be Science Week this term, as always we will be displaying that our Food lessons could be called 'Food Science Lessons'. Whether it is the cooking of food to make it safe, edible, soft or crispy, or scones rising due to a chemical reaction or the nutrition that food gives us, I always say to the pupils – 'Food is Science guys'! Some pupils will also be supporting the school community by producing cakes for the Futures Fayre. Another busy term is ahead of us! 😊

Whole school Diary Dates

Please can pupils bring a named container to their Food Lessons to take their cooking home in.

07.03.24 – World Book Day

11.03.24 - British Science Week

12.03.24 & 13.03.24 – Parent's Evening

15.03.24 – Comic Relief

18.03.24 – Careers Week

22.03.24 – Future Fayre

28.03.24 – End of Term

Keeping in touch

Please continue to use the home school book or Tapestry to inform us of any important information relating to your child. We will check it every day but please log into Tapestry for your daily class update. Don't forget to add any home experiences to Tapestry as this provides us with a valuable link to home.

Any absence or to notify us of a medical appointment or for general enquiries please email: willoughbyenquiries@prioryacademies.co.uk